

**"Cloe is a curious student who loves to ask questions about different cultures and ways of life."**

## Lär känna Cloe

Cloe är född 2008 och kommer från Italien. Hon kommer i augusti 2025 och stannar under ett läsår. Intressen är bl. a volleyboll, musik (spelar piano), filmer, sällskapsspel, bakning och matlagning. Hennes favoritämne i skolan är filosofi.

Hello, first of all I want to thank you for your hospitality, dear future host family. My name is Cloe, I am 16 years old and I am from Sardinia, Italy. I like listening to music and playing the piano. This instrument has always fascinated me and even though I have only been playing it for a short time, about a year, I care a lot about this passion. Playing piano is able to calm me down and when I do that I am really into it, that's why I let myself be carried away by the melody, forgetting everything else. I have been playing volleyball for more than three years but I have always done sports, in fact I did many years of artistic gymnastics. Sport has always had a fundamental role in my life: it has provided me with discipline and has been part of my education. I think it is really important to practice sports because it gives the right motivation to face the days and represents a way of detachment from reality in which I can concentrate on myself, giving the best without thinking about what life outside the gym is like at the moment. During my year abroad I would like to practice new sports, I have always been fascinated by the idea of snow sports, but unfortunately I have never had the opportunity to practice them, and I think Sweden is one of the best destinations to try this type of activity. The snow and all the activities that include it are precisely one of the reasons why I chose this country! I come from an island with a really warm climate and I have always lived by the sea and I think that the year abroad is a perfect opportunity to discover a new reality. I've liked cooking since I was little. I cook mostly sweets and when I'm in the kitchen making some dough I feel relaxed and in the comfort zone, it helps me to put my thoughts in order and I love that people could taste something made by me. I like watching movies and TV series with my family, but also alone, however if I find a book that involves me, the movies take a back seat. I consider myself a cheerful, inclusive and helpful person. I am kind and polite because I believe that these are fundamental values and finding them in other people makes me very happy. I have always been a very sensitive and empathetic girl, I love listening to others and helping them as much as possible because I believe that everyone has a story to tell and that must be heard. I consider myself a responsible girl. My family is made up of my father, my mother, my older sister and my younger brother. I am not religious, like the rest of my family, but I totally respect those who are. My parents are separated and this made me suffer a lot, but despite this I have always received the right attentions from them. I have a beautiful relationship with my mother, we often argue but then we quickly make peace. I consider her a point of reference because I know I can confide in her and I know she will always support all my life choices. I love to compare myself with her because I think she is very intelligent, open and that can teach me a lot. My parents have never been particularly strict, in fact quite permissive and they have always left me very free to do my experiences, obviously within certain limits, this is because they know they can trust me. As for my little brothers, I am very attached to them and especially in this period in which my sister is away from home for university, I am realizing how important she is to me. She has always been a point of reference and has always been ready to give me advice as an older sister and to listen to me. My younger brother in the same way is fundamentally for me and I hope I can be a good sister to him, on whom he can count. Precisely because I know what it means to have brothers and sisters and share my life with them, I would like to have host brothers also during my year abroad. I have had a black cat since I was little and I am very fond of it; I love animals especially cats, but I also really like dogs even if I have never had one. Another person of my family to whom I am deeply attached is my maternal grandmother. She has always listened to me at any time, and thanks to her being caring and loving I have learned a lot from her and I love spending time with her. I hope that during my year abroad I will be able to build strong bonds with my host family and make some new friends. I would like to share many experiences with my host family: from watching a simple film together, to visiting new places and many other things. I am convinced that I can bring my culture to Sweden and above all that I can get to know Swedish culture. I believe that the year abroad is a very difficult path to face, but above all I believe that it is an unrepeatable and unique experience. Regardless of how my year abroad will be, I am sure that what I will learn will be useful to me for the rest of my life and that the lessons and memories it will leave me will be unique.

Thanks, Cloe

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